



DAVIS

ADVANCED HEALTH SYSTEM

Initial Consultation

Name: _____ Date: _____

Main Complaints:

- 1) _____ 2) _____
- 3) _____ 4) _____

How long have you suffered with this problem? _____

Any other complaints: _____

Medications:

- 1) _____ Condition: _____
- 2) _____ Condition: _____
- 3) _____ Condition: _____
- 4) _____ Condition: _____
- 5) _____ Condition: _____
- 6) _____ Condition: _____

Thyroid Patients Only:

- 1) How long did you have symptoms prior to being diagnosed?-----
- 2) If on thyroid medication, how long have you been on?-----
- 3) Has your medications been adjusted frequently?-----
- 4) Do you have symptoms of brain fog or memory difficulties? -----
- 5) Do you have joint inflammation?-----
- 6) Do you consume grains? Y / N Do these foods irritate your bowels? Y / N
- 7) Heart palpitations? Y/N
- 8) Hot flashes or Sweat attacks? Y / N
- 9) Have you been diagnosed with an autoimmune condition?-----

Would you like improvement with any of the following?:

- Digestion: Reflux, Gas, Constipation
- Sleep: Falling asleep or staying asleep
- Sense of Well Being
- Energy

What have you tried doing to resolve this problem that Did Not work?

Have you become discouraged or stressed about handling this problem?

When your problem is at its worst, how does it make you feel?

How does this problem interfere with the following areas in your life?

Work: _____

Family: _____

Hobbies: _____

Life: _____

When it's at it's worst, how much older does this make you feel? _____

Do you know how this problem may have started? _____

What effect does this have on your body functions? _____

Are you here visiting us to:

- a) Resolve my immediate problem
- b) Life style program for optimized living
- c) Both
- d) Other: _____

How have you taken care of your health in the past?

Medications

Routine medical

Exercise

Diet and Nutrition

Holistic

Vitamins

Chiropractic

Other: _____

How did the previous methods work for you? _____

What are you afraid this might be or will be affecting without change? Please circle

Job

Kids

Marriage
Sleep

Future abilities
Finances
Time

Freedom

Are there any health conditions you are afraid this might turn into?

Diminished Future abilities
Stress
Weight gain
Heart disease
Depression

Surgery
Arthritis
Cancer
Diabetes
Other: _____

Where do you picture yourself being in the next 3-5 years if this problem is not taken care of? Please be specific _____

What would be different or better without this problem? Please circle:

Diminished stress
More energy
Self esteem
Confidence

Sleep
Work
Outlook
Family

If we were to sit down and discuss your life 3 years from now and look back at today, what would have to have happened for you to be happy with your progress?
(Please take your time and don't sell yourself short! Include anything that is part of your happiness, whether health, family, work, finances, travel, marriage or bucket list)

What potential barriers do you foresee that would prevent these things from happening?

Do you feel it is possible to eliminate or prevent these potential barriers?

What are your strengths that will enable you to accomplish your goals?

Rate on a scale of 1-10:

- _____ How important is it for you to resolve your health concerns?
- _____ Do you feel that you are coachable and would enjoy a mentor in helping you?
- _____ Are you prepared to make the appropriate lifestyle changes that may be necessary in order to achieve your goals?

Thank You!

Metabolic Assessment Form™

Name: _____ Age: _____ Sex: _____ Date: _____

PART I

Please list your 5 major health concerns in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____

PART II Please circle the appropriate number on all questions below.
0 as the least/never to 3 as the most/always.

| | | | | | | | |
|--|---------|--|---------|---|---------|---|---------|
| Category I | | | | Category VI (Cont.) | | | |
| Feeling that bowels do not empty completely | 0 1 2 3 | Nausea and/or vomiting | 0 1 2 3 | Stool undigested, foul smelling, mucous like, greasy, or poorly formed | 0 1 2 3 | Frequent urination | 0 1 2 3 |
| Lower abdominal pain relieved by passing stool or gas | 0 1 2 3 | Increased thirst and appetite | 0 1 2 3 | | | | |
| Alternating constipation and diarrhea | 0 1 2 3 | Category VII | | Greasy or high-fat foods cause distress | 0 1 2 3 | Lower bowel gas and/or bloating several hours after eating | 0 1 2 3 |
| Diarrhea | 0 1 2 3 | Bitter metallic taste in mouth, especially in the morning | 0 1 2 3 | Difficultly losing weight | 0 1 2 3 | Burpy, fishy taste after consuming fish oils | 0 1 2 3 |
| Constipation | 0 1 2 3 | Burpy, fishy taste after consuming fish oils | 0 1 2 3 | Unexplained itchy skin | 0 1 2 3 | Difficulty losing weight | 0 1 2 3 |
| Hard, dry, or small stool | 0 1 2 3 | Unexplained itchy skin | 0 1 2 3 | Yellowish cast to eyes | 0 1 2 3 | Unexplained itchy skin | 0 1 2 3 |
| Coated tongue or "fuzzy" debris on tongue | 0 1 2 3 | Yellowish cast to eyes | 0 1 2 3 | Stool color alternates from clay colored to normal brown | 0 1 2 3 | Stool color alternates from clay colored to normal brown | 0 1 2 3 |
| Pass large amount of foul-smelling gas | 0 1 2 3 | Stool color alternates from clay colored to normal brown | 0 1 2 3 | Reddened skin, especially palms | 0 1 2 3 | Reddened skin, especially palms | 0 1 2 3 |
| More than 3 bowel movements daily | 0 1 2 3 | Reddened skin, especially palms | 0 1 2 3 | Dry or flaky skin and/or hair | 0 1 2 3 | Dry or flaky skin and/or hair | 0 1 2 3 |
| Use laxatives frequently | 0 1 2 3 | Dry or flaky skin and/or hair | 0 1 2 3 | History of gallbladder attacks or stones | 0 1 2 3 | History of gallbladder attacks or stones | 0 1 2 3 |
| Category II | | | | Have you had your gallbladder removed? | Yes No | Have you had your gallbladder removed? | Yes No |
| Increasing frequency of food reactions | 0 1 2 3 | Category III | | | | | |
| Unpredictable food reactions | 0 1 2 3 | Intolerance to smells | 0 1 2 3 | Category VIII | | | |
| Aches, pains, and swelling throughout the body | 0 1 2 3 | Intolerance to jewelry | 0 1 2 3 | Acne and unhealthy skin | 0 1 2 3 | | |
| Unpredictable abdominal swelling | 0 1 2 3 | Intolerance to shampoo, lotion, detergents, etc | 0 1 2 3 | Excessive hair loss | 0 1 2 3 | | |
| Frequent bloating and distention after eating | 0 1 2 3 | Multiple smell and chemical sensitivities | 0 1 2 3 | Overall sense of bloating | 0 1 2 3 | | |
| Abdominal intolerance to sugars and starches | 0 1 2 3 | Constant skin outbreaks | 0 1 2 3 | Bodily swelling for no reason | 0 1 2 3 | | |
| Category III | | | | Hormone imbalances | 0 1 2 3 | | |
| Intolerance to smells | 0 1 2 3 | Category IV | | Weight gain | 0 1 2 3 | | |
| Intolerance to jewelry | 0 1 2 3 | Excessive belching, burping, or bloating | 0 1 2 3 | Poor bowel function | 0 1 2 3 | | |
| Intolerance to shampoo, lotion, detergents, etc | 0 1 2 3 | Gas immediately following a meal | 0 1 2 3 | Excessively foul-smelling sweat | 0 1 2 3 | | |
| Multiple smell and chemical sensitivities | 0 1 2 3 | Offensive breath | 0 1 2 3 | Category IX | | | |
| Constant skin outbreaks | 0 1 2 3 | Difficult bowel movements | 0 1 2 3 | Crave sweets during the day | 0 1 2 3 | | |
| Category IV | | | | Irritable if meals are missed | 0 1 2 3 | | |
| Excessive belching, burping, or bloating | 0 1 2 3 | Category V | | Depend on coffee to keep going/get started | 0 1 2 3 | | |
| Gas immediately following a meal | 0 1 2 3 | Stomach pain, burning, or aching 1-4 hours after eating | 0 1 2 3 | Get light-headed if meals are missed | 0 1 2 3 | | |
| Offensive breath | 0 1 2 3 | Use of antacids | 0 1 2 3 | Eating relieves fatigue | 0 1 2 3 | | |
| Difficult bowel movements | 0 1 2 3 | Feel hungry an hour or two after eating | 0 1 2 3 | Feel shaky, jittery, or have tremors | 0 1 2 3 | | |
| Sense of fullness during and after meals | 0 1 2 3 | Heartburn when lying down or bending forward | 0 1 2 3 | Agitated, easily upset, nervous | 0 1 2 3 | | |
| Difficulty digesting fruits and vegetables; undigested food found in stools | 0 1 2 3 | Temporary relief by using antacids, food, milk, or carbonated beverages | 0 1 2 3 | Poor memory/forgetful | 0 1 2 3 | | |
| Category V | | | | Blurred vision | 0 1 2 3 | | |
| Stomach pain, burning, or aching 1-4 hours after eating | 0 1 2 3 | Category VI | | Category X | | | |
| Use of antacids | 0 1 2 3 | Roughage and fiber cause constipation | 0 1 2 3 | Fatigue after meals | 0 1 2 3 | | |
| Feel hungry an hour or two after eating | 0 1 2 3 | Indigestion and fullness last 2-4 hours after eating | 0 1 2 3 | Crave sweets during the day | 0 1 2 3 | | |
| Heartburn when lying down or bending forward | 0 1 2 3 | Pain, tenderness, soreness on left side under rib cage | 0 1 2 3 | Eating sweets does not relieve cravings for sugar | 0 1 2 3 | | |
| Temporary relief by using antacids, food, milk, or carbonated beverages | 0 1 2 3 | Excessive passage of gas | 0 1 2 3 | Must have sweets after meals | 0 1 2 3 | | |
| Digestive problems subside with rest and relaxation | 0 1 2 3 | | | Waist girth is equal or larger than hip girth | 0 1 2 3 | | |
| Heartburn due to spicy foods, chocolate, citrus, peppers, alcohol, and caffeine | 0 1 2 3 | | | Frequent urination | 0 1 2 3 | | |
| Category VI | | | | Increased thirst and appetite | 0 1 2 3 | | |
| Roughage and fiber cause constipation | 0 1 2 3 | | | Difficulty losing weight | 0 1 2 3 | | |
| Indigestion and fullness last 2-4 hours after eating | 0 1 2 3 | | | | | | |
| Pain, tenderness, soreness on left side under rib cage | 0 1 2 3 | | | | | | |
| Excessive passage of gas | 0 1 2 3 | | | | | | |

| | | | | |
|--|---|---|---|---|
| Category XI | | | | |
| Cannot stay asleep | 0 | 1 | 2 | 3 |
| Crave salt | 0 | 1 | 2 | 3 |
| Slow starter in the morning | 0 | 1 | 2 | 3 |
| Afternoon fatigue | 0 | 1 | 2 | 3 |
| Dizziness when standing up quickly | 0 | 1 | 2 | 3 |
| Afternoon headaches | 0 | 1 | 2 | 3 |
| Headaches with exertion or stress | 0 | 1 | 2 | 3 |
| Weak nails | 0 | 1 | 2 | 3 |
| Category XII | | | | |
| Cannot fall asleep | 0 | 1 | 2 | 3 |
| Perspire easily | 0 | 1 | 2 | 3 |
| Under a high amount of stress | 0 | 1 | 2 | 3 |
| Weight gain when under stress | 0 | 1 | 2 | 3 |
| Wake up tired even after 6 or more hours of sleep | 0 | 1 | 2 | 3 |
| Excessive perspiration or perspiration with little or no activity | 0 | 1 | 2 | 3 |
| Category XIII | | | | |
| Edema and swelling in ankles and wrists | 0 | 1 | 2 | 3 |
| Muscle cramping | 0 | 1 | 2 | 3 |
| Poor muscle endurance | 0 | 1 | 2 | 3 |
| Frequent urination | 0 | 1 | 2 | 3 |
| Frequent thirst | 0 | 1 | 2 | 3 |
| Crave salt | 0 | 1 | 2 | 3 |
| Abnormal sweating from minimal activity | 0 | 1 | 2 | 3 |
| Alteration in bowel regularity | 0 | 1 | 2 | 3 |
| Inability to hold breath for long periods | 0 | 1 | 2 | 3 |
| Shallow, rapid breathing | 0 | 1 | 2 | 3 |
| Category XIV | | | | |
| Tired/sluggish | 0 | 1 | 2 | 3 |
| Feel cold—hands, feet, all over | 0 | 1 | 2 | 3 |
| Require excessive amounts of sleep to function properly | 0 | 1 | 2 | 3 |
| Increase in weight even with low-calorie diet | 0 | 1 | 2 | 3 |
| Gain weight easily | 0 | 1 | 2 | 3 |
| Difficult, infrequent bowel movements | 0 | 1 | 2 | 3 |
| Depression/lack of motivation | 0 | 1 | 2 | 3 |
| Morning headaches that wear off as the day progresses | 0 | 1 | 2 | 3 |
| Outer third of eyebrow thins | 0 | 1 | 2 | 3 |
| Thinning of hair on scalp, face, or genitals, or excessive hair loss | 0 | 1 | 2 | 3 |
| Dryness of skin and/or scalp | 0 | 1 | 2 | 3 |
| Mental sluggishness | 0 | 1 | 2 | 3 |
| Category XV | | | | |
| Heart palpitations | 0 | 1 | 2 | 3 |
| Inward trembling | 0 | 1 | 2 | 3 |
| Increased pulse even at rest | 0 | 1 | 2 | 3 |
| Nervous and emotional | 0 | 1 | 2 | 3 |
| Insomnia | 0 | 1 | 2 | 3 |

| | | | | |
|---|---|-----|----|-------|
| Category XV (Cont.) | | | | |
| Night sweats | 0 | 1 | 2 | 3 |
| Difficulty gaining weight | 0 | 1 | 2 | 3 |
| Category XVI (Males Only) | | | | |
| Urination difficulty or dribbling | 0 | 1 | 2 | 3 |
| Frequent urination | 0 | 1 | 2 | 3 |
| Pain inside of legs or heels | 0 | 1 | 2 | 3 |
| Feeling of incomplete bowel emptying | 0 | 1 | 2 | 3 |
| Leg twitching at night | 0 | 1 | 2 | 3 |
| Category XVII (Males Only) | | | | |
| Decreased libido | 0 | 1 | 2 | 3 |
| Decreased number of spontaneous morning erections | 0 | 1 | 2 | 3 |
| Decreased fullness of erections | 0 | 1 | 2 | 3 |
| Difficulty maintaining morning erections | 0 | 1 | 2 | 3 |
| Spells of mental fatigue | 0 | 1 | 2 | 3 |
| Inability to concentrate | 0 | 1 | 2 | 3 |
| Episodes of depression | 0 | 1 | 2 | 3 |
| Muscle soreness | 0 | 1 | 2 | 3 |
| Decreased physical stamina | 0 | 1 | 2 | 3 |
| Unexplained weight gain | 0 | 1 | 2 | 3 |
| Increase in fat distribution around chest and hips | 0 | 1 | 2 | 3 |
| Sweating attacks | 0 | 1 | 2 | 3 |
| More emotional than in the past | 0 | 1 | 2 | 3 |
| Category XVIII (Menstruating Females Only) | | | | |
| Perimenopausal | | Yes | No | |
| Alternating menstrual cycle lengths | | Yes | No | |
| Extended menstrual cycle (greater than 32 days) | | Yes | No | |
| Shortened menstrual cycle (less than 24 days) | | Yes | No | |
| Pain and cramping during periods | 0 | 1 | 2 | 3 |
| Scanty blood flow | 0 | 1 | 2 | 3 |
| Heavy blood flow | 0 | 1 | 2 | 3 |
| Breast pain and swelling during menses | 0 | 1 | 2 | 3 |
| Pelvic pain during menses | 0 | 1 | 2 | 3 |
| Irritable and depressed during menses | 0 | 1 | 2 | 3 |
| Acne | 0 | 1 | 2 | 3 |
| Facial hair growth | 0 | 1 | 2 | 3 |
| Hair loss/thinning | 0 | 1 | 2 | 3 |
| Category XIX (Menopausal Females Only) | | | | |
| How many years have you been menopausal? | | | | years |
| Since menopause, do you ever have uterine bleeding? | | Yes | No | |
| Hot flashes | 0 | 1 | 2 | 3 |
| Mental fogginess | 0 | 1 | 2 | 3 |
| Disinterest in sex | 0 | 1 | 2 | 3 |
| Mood swings | 0 | 1 | 2 | 3 |
| Depression | 0 | 1 | 2 | 3 |
| Painful intercourse | 0 | 1 | 2 | 3 |
| Shrinking breasts | 0 | 1 | 2 | 3 |
| Facial hair growth | 0 | 1 | 2 | 3 |
| Acne | 0 | 1 | 2 | 3 |
| Increased vaginal pain, dryness, or itching | 0 | 1 | 2 | 3 |

PART III

How many alcoholic beverages do you consume per week? _____ Rate your stress level on a scale of 1-10 during the average week: _____

How many caffeinated beverages do you consume per day? _____ How many times do you eat fish per week? _____

How many times do you eat out per week? _____ How many times do you work out per week? _____

How many times do you eat raw nuts or seeds per week? _____

List the three worst foods you eat during the average week: _____

List the three healthiest foods you eat during the average week: _____

PART IV

Please list any medications you currently take and for what conditions:

Please list any natural supplements you currently take and for what conditions:

Neurotransmitter Assessment Form™ (NTAF)

Name: _____ Age: _____ Sex: _____ Date: _____

Please circle the appropriate number on all questions below. 0 as the least/never to 3 as the most/always.

SECTION A

- Is your memory noticeably declining? 0 1 2 3
- Are you having a hard time remembering names and phone numbers? 0 1 2 3
- Is your ability to focus noticeably declining? 0 1 2 3
- Has it become harder for you to learn new things? 0 1 2 3
- How often do you have a hard time remembering your appointments? 0 1 2 3
- Is your temperament generally getting worse? 0 1 2 3
- Is your attention span decreasing? 0 1 2 3
- How often do you find yourself down or sad? 0 1 2 3
- How often do you become fatigued when driving compared to in the past? 0 1 2 3
- How often do you become fatigued when reading compared to in the past? 0 1 2 3
- How often do you walk into rooms and forget why? 0 1 2 3
- How often do you pick up your cell phone and forget why? 0 1 2 3

SECTION B

- How high is your stress level? 0 1 2 3
- How often do you feel you have something that must be done? 0 1 2 3
- Do you feel you never have time for yourself? 0 1 2 3
- How often do you feel you are not getting enough sleep or rest? 0 1 2 3
- Do you find it difficult to get regular exercise? 0 1 2 3
- Do you feel uncared for by the people in your life? 0 1 2 3
- Do you feel you are not accomplishing your life's purpose? 0 1 2 3
- Is sharing your problems with someone difficult for you? 0 1 2 3

SECTION C

SECTION C1

- How often do you get irritable, shaky, or have light-headedness between meals? 0 1 2 3
- How often do you feel energized after eating? 0 1 2 3
- How often do you have difficulty eating large meals in the morning? 0 1 2 3
- How often does your energy level drop in the afternoon? 0 1 2 3
- How often do you crave sugar and sweets in the afternoon? 0 1 2 3
- How often do you wake up in the middle of the night? 0 1 2 3
- How often do you have difficulty concentrating before eating? 0 1 2 3
- How often do you depend on coffee to keep yourself going? 0 1 2 3
- How often do you feel agitated, easily upset, and nervous between meals? 0 1 2 3

SECTION C2

- How often do you get fatigued after meals? 0 1 2 3
- How often do you crave sugar and sweets after meals? 0 1 2 3
- How often do you feel you need stimulants, such as coffee, after meals? 0 1 2 3
- How often do you have difficulty losing weight? 0 1 2 3
- How much larger is your waist girth compared to your hip girth? 0 1 2 3
- How often do you urinate? 0 1 2 3
- Have your thirst and appetite increased? 0 1 2 3
- How often do you gain weight when under stress? 0 1 2 3
- How often do you have difficulty falling asleep? 0 1 2 3

SECTION 1

- Are you losing interest in hobbies? 0 1 2 3
- How often do you feel overwhelmed? 0 1 2 3
- How often do you have feelings of inner rage? 0 1 2 3
- How often do you have feelings of paranoia? 0 1 2 3
- How often do you feel sad or down for no reason? 0 1 2 3
- How often do you feel like you are not enjoying life? 0 1 2 3

- How often do you feel you lack artistic appreciation? 0 1 2 3
- How often do you feel depressed in overcast weather? 0 1 2 3
- How much are you losing your enthusiasm for your favorite activities? 0 1 2 3
- How much are you losing your enjoyment for your favorite foods? 0 1 2 3
- How much are you losing your enjoyment of friendships and relationships? 0 1 2 3
- How often do you have difficulty falling into deep, restful sleep? 0 1 2 3
- How often do you have feelings of dependency on others? 0 1 2 3
- How often do you feel more susceptible to pain? 0 1 2 3
- How often do you have feelings of unprovoked anger? 0 1 2 3
- How much are you losing interest in life? 0 1 2 3

SECTION 2

- How often do you have feelings of hopelessness? 0 1 2 3
- How often do you have self-destructive thoughts? 0 1 2 3
- How often do you have an inability to handle stress? 0 1 2 3
- How often do you have anger and aggression while under stress? 0 1 2 3
- How often do you feel you are not rested, even after long hours of sleep? 0 1 2 3
- How often do you prefer to isolate yourself from others? 0 1 2 3
- How often do you have unexplained lack of concern for family and friends? 0 1 2 3
- How easily are you distracted from your tasks? 0 1 2 3
- How often do you have an inability to finish tasks? 0 1 2 3
- How often do you feel the need to consume caffeine to stay alert? 0 1 2 3
- How often do you feel your libido has been decreased? 0 1 2 3
- How often do you lose your temper for minor reasons? 0 1 2 3
- How often do you have feelings of worthlessness? 0 1 2 3

SECTION 3

- How often do you feel anxious or panicked for no reason? 0 1 2 3
- How often do you have feelings of dread or impending doom? 0 1 2 3
- How often do you feel knots in your stomach? 0 1 2 3
- How often do you have feelings of being overwhelmed for no reason? 0 1 2 3
- How often do you have feelings of guilt about everyday decisions? 0 1 2 3
- How often does your mind feel restless? 0 1 2 3
- How difficult is it to turn your mind off when you want to relax? 0 1 2 3
- How often do you have disorganized attention? 0 1 2 3
- How often do you worry about things you were not worried about before? 0 1 2 3
- How often do you have feelings of inner tension and inner excitability? 0 1 2 3

SECTION 4

- Do you feel your visual memory (shapes & images) has decreased? 0 1 2 3
- Do you feel your verbal memory has decreased? 0 1 2 3
- Do you have memory lapses? 0 1 2 3
- Has your creativity decreased? 0 1 2 3
- Has your comprehension diminished? 0 1 2 3
- Do you have difficulty calculating numbers? 0 1 2 3
- Do you have difficulty recognizing objects & faces? 0 1 2 3
- Do you feel like your opinion about yourself has changed? 0 1 2 3
- Are you experiencing excessive urination? 0 1 2 3
- Are you experiencing a slower mental response? 0 1 2 3

Medication History*

Please check any of the following medications you have taken in the past or are currently taking.

Noradrenergic and Specific Serotonergic Antidepressants (NaSSAs)

- Remeron®
- Zispin®
- Avanza®
- Norset®
- Remergil®
- Axit®

Tricyclic Antidepressants (TCAs)

- Elavil®
- Endep®
- Tryptanol
- Trepiline®
- Asendin®
- Asendis®
- Defanyl®
- Demolox®
- Moxadil®
- Anafranil®
- Norpramin®
- Pertofrane®
- Thaden™
- Prothiaden®
- Adapin®
- Sinequan®
- Tofranil®
- Janamine®
- Gamamil®
- Aventyl®
- Pamelor®
- Opipramol®
- Vivactil®
- Rhotrimine®
- Surmontil®

Selective Serotonin Reuptake Inhibitors (SSRIs)

- Paxil®
- Zoloft®
- Prozac®
- Celexa®
- Lexapro®
- Esertia®
- Luvox®
- Cipramil®
- Emocal®
- Seropram®
- Cipralext®
- Fontex®
- Priligy®
- Seromex®
- Seronil®
- Sarafem®
- Fluctin®
- Faverin®
- Seroxat®
- Aropax®
- Deroxat®
- Rexetin®
- Paroxat®
- Lustral®
- Serlain®

Serotonin-Norepinephrine Reuptake Inhibitors (SNRIs)

- Effexor®
- Pristiq®
- Meridia®
- Serzone®
- Dalcipran®
- Norpramin®
- Cymbalta®

Selective Serotonin Reuptake Enhancers (SSREs)

- Stablon®
- Coaxil®
- Tatinol®

Monoamine Oxidase Inhibitors (MAOIs)

- Marplan®
- Aurorix®
- Manerix®
- Moclodura®
- Nardil®
- Adeline®
- Eldepryl®
- Azilect®
- Marsilid®
- Iprozid®
- Ipronid®
- Rivivol®
- Propilniaziide®
- Zyvox®
- Zyvoxid®

Dopamine Receptor Agonists

- Mirapex®
- Sifrol®
- Requip®

Norepinephrine and Dopamine Reuptake Inhibitors (NDRI)

- Wellbutrin XL®

D2 Dopamine Receptor Blockers (antipsychotics)

- Thorazine®
- Prolixin®
- Trilafon®
- Compazine®
- Mellaril®
- Stelazine®
- Vesprin®
- Nozinan®
- Depixol®
- Navane®
- Fluanxol®
- Clopixol®
- Acuphase®
- Haldol®
- Orap®
- Clozaril®
- Zyprexa®
- Zydis®
- Seroquel XR®
- Geodon®
- Solian®
- Invega®
- Abilify®

GABA Antagonist Competitive Binder

- Romazicon®

Agonist Modulators of GABA Receptors (benzodiazepines)

- Xanax®
- Lexotanil®
- Lexotan®
- Librium®
- Klonopin®
- Valium®
- ProSom®
- Rohypnol®
- Magadon®
- Dalmane®
- Ativan®
- Loramet®
- Sedoxil®
- Dormicum®
- Serax®
- Restoril®
- Halcion®

Agonist Modulators of GABA Receptors (non-benzodiazepines)

- Ambien CR®
- Sonata®
- Lunesta®
- Imovane®

Acetylcholine Receptor Agonists

- Urecholine®
- Evoxac®
- Anectine®
- Salagen®
- Isopto®
- Nicotine

Acetylcholine Receptor Antagonists Antimuscarinic Agents

- AtroPen®
- Scopace®
- Atrovent®
- Spiriva®

Acetylcholine Receptor Antagonists Ganglionic Blockers

- Inversine®
- Nicotine (high doses)
- Hexamethonium
- Arfonad®

Acetylcholine Receptor Antagonists Neuromuscular Blockers

- Atracurium
- Cisatracurium
- Doxacurium
- Metocurine
- Mivacurium
- Pancuronium
- Rocuronium
- Anectine®
- Tubocurarine
- Vecuronium
- Hemicholinium

Acetylcholinesterase Reactivators

- Protopam®

Cholinesterase Inhibitors (reversible)

- Aricept®
- Exelon®
- Cognex®
- THC
- Carbamate insecticides
- Enlon®
- Prostigmin®
- Antilirium®
- Mestinson®

Cholinesterase Inhibitors (irreversible)

- Echothiophate
- Flexyx®
- Organophosphate insecticides
- Organophosphate-containing nerve agents

Family Health History

Patient Name: _____

Date: _____

Please review the conditions listed below and indicate those that are current health problems of a family member by the designation C under his or her column. The designation P should be used to indicate a past problem. Leave blank those spaces that do not apply.

| Condition | Father | Mother | Spouse | Children | | |
|---------------------|--------|--------|--------|----------|-----|-----|
| | Age | Age | Age | Age | Age | Age |
| Allergies | | | | | | |
| Anxiety | | | | | | |
| Asthma | | | | | | |
| ADHD | | | | | | |
| Back trouble | | | | | | |
| Bed wetting | | | | | | |
| Cancer | | | | | | |
| Colic | | | | | | |
| Constipation | | | | | | |
| Depression | | | | | | |
| Diabetes | | | | | | |
| Disc problems | | | | | | |
| Ear infections | | | | | | |
| Emotional issues | | | | | | |
| Emphysema | | | | | | |
| Epilepsy | | | | | | |
| Headaches | | | | | | |
| Heart trouble | | | | | | |
| Heart burn | | | | | | |
| High blood pressure | | | | | | |
| IBS | | | | | | |
| Indigestion | | | | | | |
| Infertility | | | | | | |
| Insomnia | | | | | | |
| Kidney trouble | | | | | | |
| Neck pain | | | | | | |
| Nervousness | | | | | | |
| Obesity | | | | | | |
| Pinched nerve | | | | | | |
| Scoliosis | | | | | | |
| Sinus trouble | | | | | | |
| Other | | | | | | |

Additional Comments: _____

Davis Advanced Health System
363 Bloomfield Ave.
Suite 2E
Montclair, NJ 07042
973-744-7447

PATIENT HEALTH INFORMATION – PRIVACY SUMMARY

With my permission, Dr. Davis may use and disclose protected information (PHI) about me to carry out treatment, payment and healthcare operations (TPO). Please refer to Dr. Davis' Notice of Privacy Practices for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices prior to signing this consent. A revised Notice of Privacy Practices will be distributed prior to implementation.

With my permission, the office of Dr. Davis may call my home or other designated locations and leave a message on voice mail or in person in reference to any items that assist the practice in carrying out TPO, such as appointment reminders, insurance items, and any call pertaining to my clinical care including test results among others.

With my permission, the office of Dr. Davis may mail to my home or other designated location any items that assist the practice in carrying out TPO; such as appointments, reminder cards, and patient statements.

With my permission, the office of Dr. Davis may e-mail to my home or other designated location any items that assist the practice in carrying out TPO, such as appointment reminder cards, and patient statements. I have the right to request that the office of Dr. Davis restricts how it uses or discloses my PHI to carry out TPO. However, the practice is not required to agree to my requested restrictions but, if it does, it is bound by this agreement.

By signing this, I am allowing Dr. Davis and Staff to use and disclose my protected health information for treatment, payment, and healthcare operations.

I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent.

Signature of Patient or Legal Guardian

Date

Print Patient's Name