

NATURAL FORCE HEALING CORNER

This past year has been quite eventful for Natural Force Healing. A trip to Crystal Mountain Colorado to the site of the power and amplification of the work. Life changing events for all who attended and new found awareness' and challenges for myself and Lisa on our own journey forward. Phase I and II classes were extremely rewarding with our good friend and teacher, Kristi Sesso who has devoted and committed herself and her beautiful Pilates Studio, The Harmony Group, to teaching students once completing the Phase I and Phase II course, a ten series program to integrate all that was learned over the weekend courses. Lisa and I are again offering certification as a practitioner of Natural Force Healing after one completes Phase I twice, Phase II and passes a written and practical examination. This will also open up the ability to practice NFH in the Ridgewood Center and list them on the DavisAHS web site as a practitioner of Natural Force Healing. It is our intention to begin online courses in the new year as well in Natural Force Healing made simple, a four

series program for lay people, and online courses in Phase I, II, and III. This year also marked the launching of Lisa's new consulting service, Elemental Life Journey.com. Fullfill your dreams!!! We will continue to dedicate our lives and service to this incredible system of healing and self healing that allows one to fully realize their full potential as a physical, mental and spiritual being as well as being able to perform this work on another. Look for more info on classes, trips, etc. on www.davisahs.com

Healing Stories: I had suffered always from chronic asthma and respiratory problems, searching for conventional and alternative methods of healing. None seemed to work until I was referred to Dr. Davis for help. Needless to say not only has my chronic asthma been alleviated through Natural Force Healing and the DavisAdvancedHealthSystem, but I am working in the office with Dr. Davis and Lisa , not only as their assistant but a Nutritional Coach. Boy, did my life change! Jackie Spiteri

Lisa's Message:

Understanding the work. Those students who have taken Natural Force Healing know that in their manual, we have printed material on the initial pages entitled, "UNDERSTANDING THE WORK". This is an extremely important piece of information that all have permission to print and give to others. It explains the work simply and eloquently!. We forget that the work is a transformational process, that it allows one to unfold to be the full potential, body, mind and spirit. I have always explained is that the work can be compared to playing a piano, the piano will always have 88 keys, we can play chopsticks, or we can learn to play a concerto. It is our experience that there are many who learn the work but become impatient and move on to some other system or body of work that calls one over a weekend, or several months a "Master this, or Master that. Mastering anything takes time, years really! The Intelligences behind Natural Force Healing ask us to get out of the way long enough so that we can receive, meaning allowing the Postive Universal Force Energies to be amplified when they come through on "Ribbons of Light" into our three

dimensional realm. The hand positions that we make act as the reostat to turn up the energy so to speak. Remember, the work is reproducible, time and again, peeling the onion away of the accumulated layers of distortion composing a person.

Healing, Growth & Transformation: We would first like to recommend to all to go to our Internet Radio show: www.rocklandworldradio.com/ creating health: mind, body, spirit, Monday evenings: 9 p.m. All the shows are archived but I would especially invite all to listen to the one show entitled The Joy Point. It is virtually impossible for one to resonate and vibrate at a level of optimum health without inner joy, we don't necessarily mean the joy we get from our children, our some outside source but from within. It is our experience that while treating thousands of patients over three decades, few are or have really experienced "Inner Joy". Why is that when Joy is within us already as a building block of ourself as a Spiritual Being. It is there, NOW! We just have to find it, but in order to find what is already there, we have to make the time, not hours a day, but minutes

really. Make the commitment today to find some inner joy on a daily basis. And also remember, we all have a choice when we wake up in the morning on how we are going to choose to embrace the day. **YOU CHOOSE!**

RECOMMENDED READY: Several books are recommended in this newsletter for all! The Magus of Strovolos by Kyriacos Markides. You will find this through Amazon.com in paperback. A book recommended in our last newsletter and radio show: Outliers: Malcom Gladwell