



DAVIS ADVANCED HEALTH SYSTEM

Newsletter / December 2008

www.DavisAHS.com



The Newsletter

of

DAVIS ADVANCED HEALTH SYSTEM

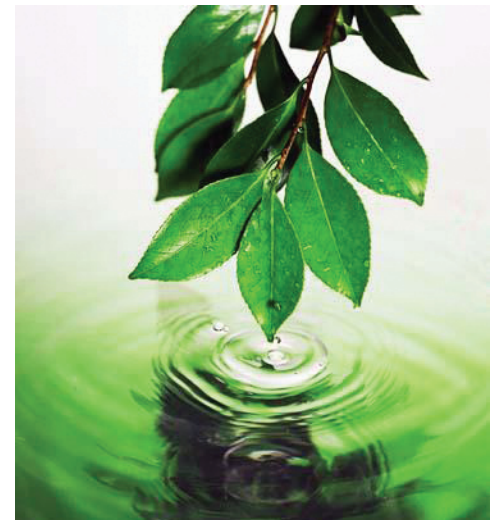
Dr. Kenneth Y. & Lisa V. Davis



Let us not forget to take the time to look back over the year with gratefulness and gratitude for all the positive aspects of each of our lives that took place in '08. Yes, we can easily get down on ourselves for what we haven't done, the economy, and a million other things. Remember that where "thought flows, energy goes". The mind does not know the difference between what is real, or what is imagined so we can use the power of our mind to visualize and bring forth into our lives what we can conceive and visualize. What we have manifested or not into our lives, personally and professionally is a product of our thoughts that have been sent out into the universe that will send back to us exactly what we have created. This is our first online newsletter that will be sent to all, FREE. We will be bringing you ideas and topics on Spiritual Growth, Healing and Transformation, New Research in Natural Force Healing and The Davis Advanced Health System as well as recommended reading and other items. We ask that you please interact with us and send us items of interest for discussion through our web site www.davisahs.com

Natural Force HEALING CORNER

*T*he Twelve Force Levels and their relationship to the Triune of Well Being. Many patients ask or are curious about the various hand positions I use when taking care of them and the heat and warmth they feel when being worked on. In NFH, there are twelve specific levels of energy which are specific vibrations and frequencies when applied to designated areas of the body through specific hand positions, create a specific dynamic effect on the patient by bringing balance back to Body, Mind and Spirit. Each of the twelve force levels accomplishes a specific task to a human being. For example, the energy of level three when applied shatters fixed ideas, mental blocks and limiting beliefs that binds our mind in cement preventing one from moving forth into the future. Level four brings forth the "perfect blueprint of perfection" of the body, mind and spirit. In forthcoming newsletters, we will feature a specific level and discuss what an individual may be experiencing in their body, mind and spirit and what happens once the level of energy is used and how one is affected.



Healing STORIES

Please feel free to submit your own "miracle" or health change so we may print it in the Newsletter. I had been diagnosed with Myasthinia Gravis, an autoimmune condition with no known cure. I was given prism glasses to see , and had been to the best physicians in the world with no change. After several sessions with Dr. Davis, my so called incurable condition was gone, a true miracle. My pediatric neurologist couldn't believe it but was positive in what Dr. Davis had done and encouraged me to continue treatment. - - Emily Sandler



Healing, Growth & Transformation

THE PRINCIPLE OF BE, DO, HAVE

Be, Do, Have is a universal law that must be followed if one is to succeed in areas of personal and professional health and growth. Many individuals believe and say for example: If I had a new job, or a new relationship, or If I had more money, etc. then I would do this, and then I would become this or that. It never, never works, never. One must change the be part of themselves first for without changing what is underneath one's skin(our being), we will not take action, and thus we will not have what we want. How can we change the BE part of oneself? For starters, write out in a journal your personal and professional dreams by asking yourself this question.

If there were no rules, and I couldn't fail, what is my dream for my personal and professional life. Write as many pages as you can because you can't fail and there are no rules. It can be anyway you want it to be. The second part of the exercise is to write. Who would I need to be or become to have my dream. For example, maybe you would have to exercise more, talk faster, walk faster, confront people, whatever. YOU will know what they are. There may be one or twenty. Take you time in writing them out. Once you are finished, put your writings away for several days and then take them out again and make any changes. I now want you to rate on a scale of plus 10 to minus 10 how you would rate each of the items you listed that you would have to be or become. If you can get this far, you are on your way... In the next newsletter, I will give you the next technique that you can implement so you can really manifest your dreams.

Lisa's Message

I would encourage all to go to my Blog on the web site. I will be frequently blogging thoughts and ideas and ask all to please comment on them. Take the time every night for your practice of Introspection or looking within. Study your day, people you interacted with, your behavior, what you said, didn't say, felt, didn't feel, what you thought, or didn't feel. Do not scold yourself or others but simply study your behavior and actions. See yourself again in that scene, etc. As you visualize it, make any changes now in your behavior. Do not let the voice come up to give you all the reasons why you should have this or that. If you continue this exercise every night before bed, your moral, spiritual , and mystical life will accelerate beyond your imagination.

Recommended READING



Every newsletter we will recommend several new books that we have found to be stimulating and enlightening. We welcome others to please submit any books, etc. that they have found to do the same. Our book is complete. Finally, Lisa and I have written a book about our life and work. It will be available for purchase in the near future entitled: Healing powers and divine energies creating health in Body, Mind and Spirit.

Outliers: Malcolm Gladwell... A fascinating book about the story of Success. Gladwells other books are the Tipping Point, and Blink

A FOUR PART SERIES OF ONE DAY CLASSES ON HEALING • AWARENESS • SPIRITUALITY



There has been an overwhelming demand for myself and my wife Lisa Davis, mystic, spiritual teacher and gifted intuitive to begin again teaching classes on healing, awareness and spirituality to all. We have put together a four part series of teachings and practices from over thirty years of our research and personal experiences. We would encourage all who plan to attend to commit to all four sessions (although not a requirement). They are progressive, especially the first session which lays the framework and foundation for the other sessions that follow. There is no pre-requisite other than a sincere wish and desire to “awaken” to your full potential.

Each session will be held on a Saturday 9:00AM-5:00PM with registration 8:30AM-9:00PM at the Marriott Courtyard Hotel • 100 Chestnut Ridge Road • Montvale, NJ 07645 • Telephone 201-391-7700.

Cost: \$125.00 per session, cash or check, no credit cards accepted. Online payment option available via PayPal if you buy all 4 Sessions for \$475.00.

Session I

February 28, 2009

The cornerstone to health, healing, and spiritual growth; developing the art of self awareness and how to use it in everyday life.

Session II

April 4, 2009

Finding “Peace Within The Chaos”. Daily strategies for finding peace and tranquility within the chaos of everyday life.

Session III

May 2, 2009

Natural Force Healing made simple. You will learn simple but powerful healing and self healing techniques that one can utilize on oneself and others in achieving optimum wellbeing within Body, Mind and Spirit.

Session IV

June 6, 2009

Seven steps on how one can know and find their life’s purpose and mission.

We encourage you to register early as space is limited.
For more information visit <http://www.davisahs.com/seminars/index.html>